Serenity Rising: Healing with Cancer

Media kit

Education

About the show

What does it mean to heal when a cure isn't guaranteed? Serenity Rising is the podcast for people living with cancer, chronic illness, and those walking alongside someone they love. Created in the third space between science and soul, evidence and experience. Hosted by Bron Watson, a registered nurse, educator, and two-time cancer survivor living with incurable Multiple Myeloma, each episode blends research-backed insight with honest, lived wisdom. No toxic positivity. No hustle. Just real conversation about the human experience of navigating illness with courage, clarity, and compassion. From expert interviews to fireside Q&As, Serenity Rising explores the emotional, psychological, and deeply personal side of living with cancer. The parts your medical team rarely has time to address. Because healing isn't about reaching a finish line. It's about finding peace in the journey itself....

From the feed

Episodes
41

In the last 90 days
13 episodes

First episode
Sep 8, 2025

Latest episode
Nov 23, 2026

Hosts
Bron Watson

Recent episodes

- Fear Rushes You, Your Heart Never Does (Nov 23, 2026)
- Your Body Knows the Truth: Recovery, Cancer and Horses (Nov 18, 2026)
- Don't Decide in Fear: Owning Your Cancer Treatment Choices (Nov 11, 2026)
- Is It Real or Is It Fear? Belief, Prognosis and the Gift of Life (Nov 3, 2026)
- Breast Cancer, Grief and the Next Small Step (Oct 26, 2026)

Facts from the feed are read by PodSubs. The show has not added its own details yet.

The show on PodSubs: https://podsubs.com/show/serenity-rising-healin-7483920